

YOUR FIRST LESSON

# Your first lesson.

New to golf, returning to the game or ready to improve? We start with your goals, then build a lesson around you.



## Before we meet

We confirm the venue and permission to teach there, meeting point, session length, price, and any range or facility charges before you book.

## Bring what you have

Your clubs, water and comfortable clothing for the setting. If you need equipment, tell Randy beforehand so we can discuss arrangements. Bring a question you would like to work on.

## For juniors and families

Each golfer gets a voice. Activities and equipment are adapted to the learner. We agree on parent or guardian arrangements and make room for questions, encouragement and breaks.

## What we will do

### Connect

Talk about your experience, interests and what would make the session useful.

### Observe

Try a few appropriate tasks. Together, we choose a clear, realistic priority.

### Learn and practice

Expect short explanations, demonstrations and time to try. We adjust the challenge and welcome questions.

### Review and plan

Explain or show the key idea back, notice progress and agree on practice that fits your life.

## What you will leave with

One clear priority, a practice activity, a simple way to notice progress, and an agreed next step. Use the takeaway page to keep it clear.

Tell Randy privately about movement concerns or accommodations before we begin. Video is optional and discussed first; permission to record and permission to publish are separate.

PLAYER INTAKE

# Let's start with you.

Tell me about your game. A few words are enough; we can talk through the rest together.



## THE GOLFER

Player name

Date (optional)

Parent / guardian name (for a junior)

Junior age band, if applicable

Adult / guardian email (optional)

Adult / guardian phone (optional)

## YOUR GAME & GOALS

Your golf experience

What interests you?

What would make your lesson worthwhile?

Where and when could you realistically practice or play?

What helps you learn? Any interests or other sports to build on?

Equipment you have, or anything to arrange beforehand

Video preference (not consent)

Share movement concerns or accommodations privately with Randy. This form gives no permission to record or publish. For a junior, discuss both with the parent or guardian and the player.

Type or print. Save a copy, then share it directly with Randy or bring it along.

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YOUR LESSON TAKEAWAY

# Make the next practice count.

Complete this together at the end of the lesson. Keep the plan simple, useful and realistic for the golfer.

**Player name**

**Lesson date**

**Our clear priority**

**The key idea, in your own words**

**Your practice activity: task, target and equipment**

**Where and when this fits your week**

**How you will notice progress**

**If it feels too difficult: how to simplify, pause or reset**

**Our next step or agreed follow-up**

**One thing you enjoyed, discovered or want to ask next time**

Practice builds on today. We will check what you remember and can use again, then adjust the plan together.